

Mountain Musings

Asheville Civitan Club, Inc.
PO Box 1755, Asheville, NC 28802

Asheville Civitan Foundation, Inc.
PO Box 203, Asheville, NC 28802



Asheville Civitan Club
Officers and Directors, 2000-2001
Officers:
President - James Sawyer
Pres. Elect. - Carla Sutherland
Secretary - William Pomeroy
Treasurer - Frank Holby

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Ralph Scarritt, Robert Welch
Ex officio: Frank Martin, Larry
McCallum

Chaplains: Charles Johnson, Mason
Wilson, Bancroft Smith

Sgts-at-Arms: Don Fox, Lawrence
Wilson, Robert Potter, Larry Knees

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Publisher: SysAdmin Services, Inc.



Asheville Civitan Club, Inc.
Builders of Good Citizenship
81st Year of Service
Mountain Musings is the
official weekly bulletin of
The Asheville Civitan Club
and
The Asheville Civitan
Foundation

Asheville Civitan Foundation
Officers and Board Members for 2000-
2001

Officers:
President - Frank Martin
Vice President - Gary Hannah
Secretary - Clark Walter
Treasurer - Murray Hollyday

Directors:
Robert Overby, Bancroft Smith, Ahmad
Amara, Alan Gibson, Richard Smith
Ex officio: James Sawyer, Frank Holby,
Richard Richards

Past Governor NC District West:
William M. Pomeroy, Jr.

Past Lt. Governors NC District West:
Robert Gray, 1998-1999
Ralph Scarritt, 1995-1996
Fred Rutledge, 1994-1995

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www.ashevillcivitan.org

TUESDAY, MAY 29, 2001

TRINITY EPISCOPAL CHURCH, 12:00 NOON

BRAZILIAN SERVICE PROJECT

DICK and **JULIA RICHARDS**, rescheduled from a snowed-out meeting, will report on an international service project they were recently involved in. It revolved around development of a water supply for a small village in Brazil. A slide presentation will be part of the program.

JESSE LEDBETTER will give the invocation.

RICHARD GUTHRIE, Jr. will be the greeter.

MENU FOR TUESDAY: Turkey Salad * Salad * French Bread
Fruit Bowl * Assorted Desserts * Beverages

FOUNDATION NEWS

The **Foundation Board**, in its May 22nd meeting, authorized treasurer **MURRAY HOLLYDAY** to withdraw up to \$10,000 from the Unrestricted Funds Account in order to meet its agency and scholarship funding obligations in 2001 and 2002.

REMINDER

The **Adopt-a-Highway** crew will assemble at 9:30 a.m. Saturday, May 26 at its Riceville Road work site. New hands are welcome.

GOOD NEWS

President SAWYER congratulated **Gen. DICK JEWETT** on the upcoming 70th anniversary (class of '31) of his graduation from West Point. He plans to attend the event in person.

DAVID BAILEY, JOE CANFIELD and **WILLIAM WESCOTT** all recently received a **Giffin Award** from the local **Preservation Society** "for contributions to Historic Preservation."

BOB RUSKIN announced that **KEN MEEKE** had a hole-in-one at the **Grassy Creek Golf Course** last week. It was a par-3 165 yard shot with his hole-in-one club. Driver, maybe?

BOB POTTER rejoiced with the **Club** in the Good News that the fifth grade end-of-year test scores in Asheville City Schools showed a 12% increase in pass rate (82% versus 70%) from last year. **BOB'S** interest in educational goals for our school children is best exemplified by his work with the **Progressive Education Program** at T.C. Roberson High School. His many friends would like to see him slow down a bit, fearing that he has over-taxed himself. But can you slow down a runaway freight train? An engineer in Ohio did so recently. Did **BOB** read that story?

INFORMATION BYTES

BOB GRAY, former **Lt. Governor** of **NC District West**, asked the **Club's** help for the **Franklin Civitan Club**, which has lost a number of members recently. If our members know of any possible recruits who live in the Franklin area, pass along their names to **BOB**.

The **Foundation**, as a cost-saving measure, is giving up its Post Office Box 203. Address any mail for the **Foundation**, from now on, to the **Club's** box number, 1755.

GIVENS ESTATES' COMMITMENT TO COMMUNITY OUTREACH

President SAWYER introduced the speaker, **KENNETH PARTIN, Executive Director** of **Givens Estates**, who spoke about the outreach programs offered by the retirement center, focusing on those not confined to the campus itself. Demographic trends clearly show the need for community outreach programs as aging populations are exploding. Only 2.8 to 3% of seniors live in retirement communities, whereas 91% live at home. But one out of three of this latter group needs help. Many have limited financial resources, many do not know how to access the health care system, and many do not know how to contact the agencies which might provide assistance. Some seniors are reluctant to ask for help and others have transportation problems.

Although **Givens Estates** instituted outreach programs in the early 80's, a major step was taken in 1998 by partnering with CarePartners and other agencies and churches to move aggressively into the community. One of the first major projects was the Vanderbilt Apartments, for which over \$350,000.00 has been raised since July of 1998. A complete rehab of the building's exterior has been completed, and assistance of various kinds for the residents is ongoing

.The Life Ministries project has had \$320,000.00 committed to it and is modeled after a parish nurse type of program. It is designed to help the elderly in place. It is involved with medication, food supply, health information, and referrals. Most of this effort has taken place in Hominy Valley where the average monthly income is \$1,100.00 and the average medication bill for the month is \$450.00. Seven churches in the area are partnered with **Givens** in this project.

Another important project underway is the Memory Assessment Clinic, which is the only such program in WNC. **Mr. PARTIN** called Alzheimer's Disease "our next major epidemic," and the Clinic provides in-depth services for not only patients, but care-givers as well since 85% of these sufferers are treated at home. Over \$275,000.00 has been raised to support this program. **Dr. Peggy Noel**, a nationally known authority on Alzheimer's, heads the project. The Lebedoff Elder Care is a support program in conjunction with the MAC.

It is clear from **Mr. PARTIN's** talk that elder care will become a larger and larger problem in the coming years. People are living longer and living more useful lives as seniors, but the downside is that health and financial problems in this group will be a bigger and bigger burden on younger generations. It is a startling fact that the fastest growing segment of American society is in the 100 years and older group.

