

Asheville Civitan Club, Inc.
PO Box 1755, Asheville, NC 28802

Asheville Civitan Foundation, Inc.
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Mountain Musings



Asheville Civitan Club
Officers and Directors, 2003-2004
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Treasurer - Frank Holby

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Ex officio: Mark D. Mathews,
Richard Richards

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Sgts-at-Arms: Don Fox, Robert Potter,
Larry Knees

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Publisher: T. Keith Thomson



Asheville Civitan Club,
Inc.
Builders of Good Citizenship
84th Year of Service
Mountain Musings is the
official weekly bulletin of
The Asheville Civitan Club
and
The Asheville Civitan
Foundation

Asheville Civitan Foundation
Officers and Board Members,
2003-2004

Officers:
President - Mark Mathews
Vice President - Wayne Rumble
Secretary - Britt Hudson
Treasurer - Robert Welch

Directors:
Larry Knees, Dennis Michele,
Ex officio: Frank Holby, Mason Wilson

Past Governor NC District West:
William M. Pomeroy, Jr.

Past Lt. Governors NC District West:
Robert Gray, 1998-1999
Ralph Scarritt, 1995-1996
Fred Rutledge, 1994-1995

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www.ashevillecivitan.org

TODAY'S PROGRAM

TUESDAY, May 25, 2004
TRINITY EPISCOPAL CHURCH, 12:15 P.M.

"U.S. LEADERSHIP IN AEROSPACE"

WILLIAM NICHOLS, whose business career was with *Grumman Aerospace*, will share his expertise in this area with the **Club**. Is the U.S. still on the cutting edge or is the technology now being coopted by others? Has outsourcing hit this industry, too? The answers will be interesting.

ROBERT OVERBY will give the invocation.

ELROY HAPKE will be the greeter.

MENU FOR TUESDAY: Tuna Salad * Green Salad * Croissants
Fruit Bowl * Assorted Desserts * Beverages

HOSPITAL NEWS

ROBERT WELCH and **JOHN MANCHESTER** have both undergone surgical procedures, the former a cochlear implant and the latter a partial knee replacement. We also hear that **Rev.**

CHARLES JOHNSON is progressing nicely and hopes soon to be attending meetings.

Ernest C. Seiderman, after a long battle with cancer, died on May 17, 2004. He is survived by his wife, Emma, and two sons. Funeral plans were not complete as of press time.

MEETING REMINDER

The **Foundation Board of Directors** will meet at 11:30 a.m. on Tuesday, May 25 in the Conference Room at Trinity. This is a change from the usual third-week schedule.

ANNOUNCEMENTS

ROY HAPKE, Chair of the **Candy Box Project**, announced that he has eight boxes to be placed at likely locations, but needs volunteers for help in servicing them. He feels that there should be some good spots in south Buncombe. The money collected goes directly to *Civitan International* to help support the **Birmingham Research Center**.

FRANK SCHEPSIS, who spent 2 ½ years in England during World War II as an aircraft mechanic, added some anecdotal evidence to the **Col. Robert Morgan** story by displaying a piece of shrapnel retrieved from the top turret of a B-17 after a bombing run, proving the skill and luck it took to survive 25 missions over Germany, as the *Memphis Belle* did.

MEMORY LOSS

LORIE VOSE, who is the **Developmental Coordinator** and is in charge of **Community Outreach** at the *Memory Assessment Clinic and Eldercare Resource Center* in Asheville, spoke to the **Club** about memory loss and what service her facility offers that is unique to the area. **Dr. Margaret A. Noel** founded the clinic in July of 2000 to meet needs not being dealt with by other health care organizations. She has worked with people with memory disorders for over fifteen years. The early success of the clinic necessitated an expansion and in 2002, **Dr. Virginia Templeton** joined the staff. There is a registered nurse and a social worker on board, as well.

Western North Carolina and its attractiveness as a retirement location is in particular need for the kind of services the *Memory Assessment Clinic* provides since about 18% of its population is 65 or older. And as, nationally, one-half of those over 85 have some form of dementia, this means that WNC has a significant problem in this area, and it will grow as the population ages. The clinic is dedicated to: 1. Providing specialized medical care to older adults with memory loss; 2. Educating and supporting their caregivers; 3. Providing community education, and 4. Improving access to necessary support services in Western North Carolina.

The clinical and educational services offered by the Clinic include in-depth patient assessment and on-going treatment. The initial evaluation is extensive, and family members and other important caregivers are encouraged to be present. The clinical portion of the evaluation involves history taking, cognitive testing, and a physical examination. Caregiver training and education involves history taking, education, problem solving, and direction to necessary resources. Outreach efforts by the clinic involve caregiver seminars, community education and specialized training for physicians, nurses, social workers and nurses aides.

The *Evelyn Morrow Lebedeff Eldercare Resource Center* opened in May, 2001 and is a collaboration of the *Memory Assessment Clinic* and *Givens Estates United Methodist Retirement Community*. It provides information to the public on healthy aging, exercise, spirituality, age-related illnesses, caregiving, community resources, ethics and end-of-life care. Books, videos, pamphlets and journals are available for review and check-out.

The fees charged by the clinic are modest and no one is denied access because of inability to pay. In fact, there is a \$200,000.00 gap between what is charged and what is received in fees which must be made up by foundation grants, individual gifts and other sources. Unfortunately, *Medicare/Medicaid* and other types of insurance do not pay for the time extended evaluations take, and so donations are greatly appreciated and necessary for the continuance of this service.